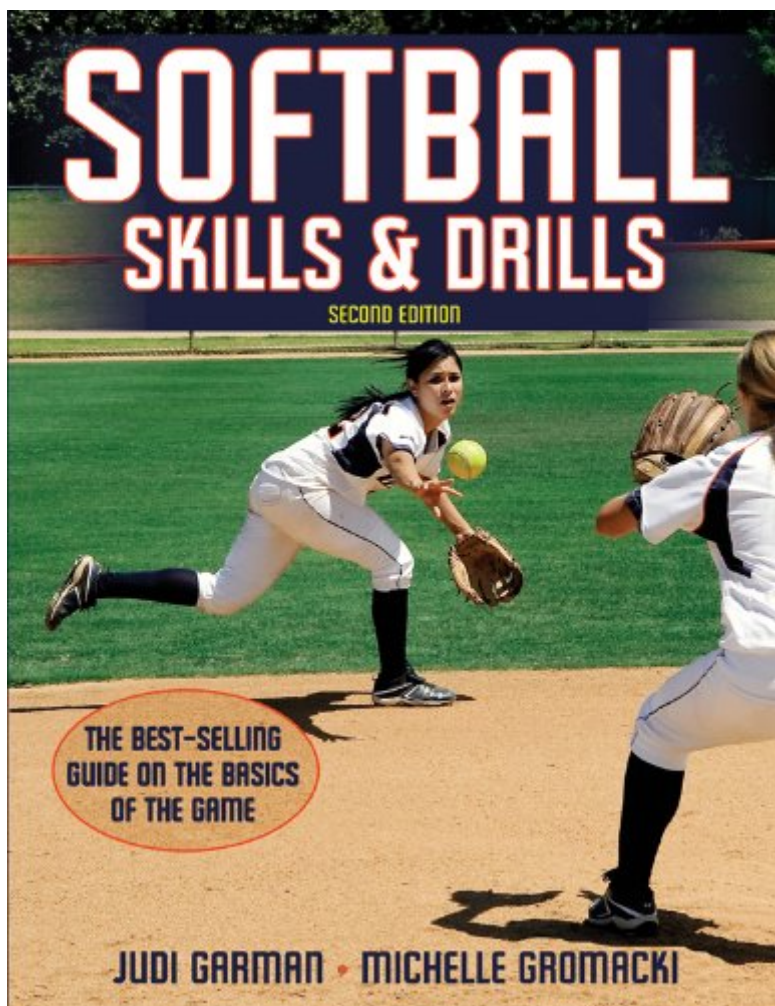


The book was found

Softball Skills & Drills, Second Edition



Synopsis

Softball Skills & Drills, Second Edition, provides comprehensive coverage on strategies for every area of the game: hitting, fielding, pitching, catching, and baserunning. With over 230 drills appropriate for players of all abilities, this full-color book gives you the tools to develop and master the fundamental techniques and skills for success in fastpitch.

Book Information

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Customer Reviews

A lot of information! Covers a lot of ground for sure. A very thorough run down on the sport of fast pitch.

This book is unreal in the details that are given for every aspect of the game. It breaks down every position and every situation and makes them easy to understand. The drills and descriptions (along with all of the great pictures) make this a priceless coaches aid.

Good drills and easy to use

This book is really an excellent resource for coaches. Well worth the money I spent on it.

Excellent update of good book

I have purchased a paper and Kindle copy of this book. It is a great resource for you Dad's that get to coach your daughter's softball team for the first time. I have coached 3 years and I still refer to this book for refreshers and practice ideas.

Love this book with both the colored pictures but also the tips on coaching different aspects of the game and the drills.

It is a very detailed and fact giving book. Although it's focus is on the fastpitch softball game, it's technics and drills are excellent for fast, slow pitch and baseball.

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